

Scientific Name	Common Name	Seed eaten	Fruit eaten	Leaves eaten	Shoots eaten	Bulbs/roots eaten	Beverage	Medicine	Building material	Basketry and textiles	Arrows	Adhesive	Other
<i>Adenostoma fasciculatum</i>	Chamise							X	X		X	X	
<i>Allium</i> species	Onion					X							
<i>Ambrosia psilostachya</i>	Ragweed							X					
<i>Amsinckia menziesii</i>	Fiddleneck	X		X									
<i>Artemisia californica</i>	California sagebrush							X			X	X	
<i>Arctostaphylos glauca</i>	Manzanita							X					
<i>Artemisia douglasiana</i>	Mugwort	X						X			X		
<i>Asclepias fascicularis</i>	Milkweed							X		X			
<i>Baccharis salicifolia</i>	Mulefat								X				
<i>Baccharis sarothroides</i>	Broom							X					
<i>Brodiaea</i> species	Brodiaea					X							
<i>Bromus</i> species	Native brome grass	X											
<i>Calochortus</i> species	Lily					X							

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Carex species	Sedge					X				X			
Castilleja species	Paintbrush	X											
Centaureum venustum	Canchalagua							X					
Cheilanthes species	Brake fern						X						
Chlorogalum species	Soap plant	X								X			X
Clarkia species	Clarkia	X											
Claytonia perfoliata	Miner's lettuce			X									
Cordylanthus species	Bird's beak							X					
Cryptantha species	Forget-me-not	X											
Cucurbita foetidissima	Wild gourd	X											X
Cuscuta californica	Dodder							X					
Daucus species	Wild carrot					X		X					
Delphinium species	Larkspur							X					

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Dichelostemma species	Blue Dicks					X							
Dodecatheon species	Shooting star			X	X	X							
Dudleya pulverulenta	Chalk lettuce			X				X					X
Elymus species	Wild rye	X									X		
Epilobium species	Fireweed	X											
Erigeron species	Wild daisy							X					
Eriogonum fasciculatum	Buckwheat							X					
Eriophyllum species	Golden yarrow	X											
Fritillaria species	Chocolate lily					X							
Gallium angustifolium	Bedstraw							X					
Gilia species	Gilia	X											
Gnaphalium bicolor	Everlasting							X					
Grindelia species	Gumplant							X					

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Gutierrezia species	Matchweed							X					
Helianthemum scoparium	Yellow Rock-rose							X					
Helianthus species	Sunflower	X											
Heteromeles arbutifolia	Toyon		X										
Heterotheca grandiflora	Telegraph weed							X			X		
Juncus species	Rush									X			
Lessingia species	California aster							X					
Leymus condensatus	Giant wild rye	X						X			X		
Malosma laurnia	Laurel sumac							X					
Malvaceae	Mallow	X						X					
Marah macrocarpus	Wild cucumber												X
Melica imperfecta	Melic					X							
Mimulus species	Monkey flower			X	X			X					

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Rhamnus crocea	Buckthorn		X										
Rhus integrifolia	Lemonadeberry						X						
Rhus ovata	Sugarbush	X						X					X
Rhus trilobata	Basketbush									X			
Ribes indecorum	Currant		X										
Rumex salicifolius	Dock	X						X					
Salix species	Willow							X	X	X			
Salvia apiana	White sage	X			X			X					
Salvia columbariae	Chia	X											
Sambucus mexicanus	Elderberry		X					X					X
Scrophularia californica	Bee plant							X					
Sidalcea malvaeflora	Checkerbloom			X	X								
Sisyrinchium bellum	Blue-eyed grass							X					

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Solidago species	Goldenrod			X									
Stephanomeria virgata	Wreath-plant							X					
Trichostema species	Blue curls							X					
Viola species	Violet			X	X								
Wyethia ovata	Southern Mule's Ear	X											
Xylococcus bicolor	Mission manzanita						X						
Yucca whipplei	Our Lord's candle				X					X			